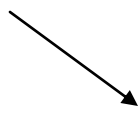
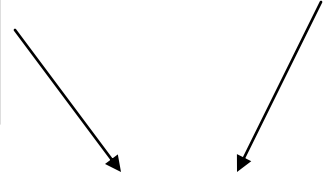


Vulnerability factors from childhood or later experience

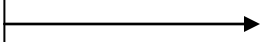


Beliefs / Assumptions

Precipitants / critical incidents



Current triggers / modifiers



The problem:  
Thoughts  
Behaviours  
Emotions  
Physiology

